

Spring Produce

FRUIT

Mangoes
Strawberries
Avocados
Lemons

VEGGIES

Asparagus
Kale
Lettuce
Spinach
Arugula
Broccoli
Leeks
Onions
Radishes
Turnips
Peas

Meal Inspiration

LUNCHES

- Avocado toast with sliced radishes, greens & pumpkin seeds
- Kale salad with strawberries, radishes, broccoli, & protein
- Lettuce wraps with radishes, avocado & protein in Asian sauce

DINNERS

- Tacos with mango salsa, guacamole, lettuce & protein
- Pasta with peas, lemon, garlic, cashew sauce & spinach
- Roasted turnip, leek & broccoli soup
- Pizza with mushrooms, onions & arugula
- Roasted turnips & asparagus with protein & lemon butter
- Turnip, mango, pea & spinach curry with rice